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To Parents & Coaches

## **EXETER GC 2011 EASTER GYMNASTICS CAMPS for Boys- Monday 18th to Thursday 21st April 2011**

Dear Parents/Coaches,

This year the Exeter GC Easter Camps are going to be separate for the Girls & Boys to allow a better allocation of apparatus and to utilise the coaching expertise to the advantage of both Boys & Girls. The Elite and County Levels will take place at Exeter GC, Bull Meadow Park, and Bull Meadow Road, Exeter EX2 4JF from Monday 18<sup>th</sup> to Thursday 21<sup>st</sup> April 2011 for Camp 1 & Camp 2.

**The aim of the Camps:** To continue to increase the level of skills developed in current training and during previous camps. The coaching staff will be arranged by Mike Euridge and programmed by Steven Jehu & Jodie Cockman. Exeter Squad Gymnasts, please note that you would be expected to attend your evening sessions as normal.

### **Who May & How to Attend**

This training camp is an 'Open Invite' to all clubs in the County. The camps are limited to 20/30 gymnasts and places will be allocated on a "first come first served" basis. You are advised not to delay with your application - apply now! If you wish to attend then complete the attached Application Form and return it to Mike Euridge with the deposit payment ASAP to guarantee a place.

### **Training Camps Sessions Available:**

- **1. Easter Camp 1 (20 Gymnasts) – Elite Sessions:** Regional Performance level gymnasts with good potential who will train 5 hours daily for four days from 9.00 am to 2.00pm.
- **2. Easter Camp 2 (30 Gymnasts) - County Improver/Development Groups:** County level gymnasts who will train three hours daily for four days from 1.00 pm to 4.00 pm.

### **General Information:**

- 1. Camp Fees: Cheques made payable to Exeter GC
  - a. **Easter Camp 1:** = £80.00
  - b. **Easter Camp 2:** = £60.00
  - c. A deposit of 50% of the full fees (is non-refundable) will be required with the application form.
- 3. A Camp T-Shirt & Photograph is included in the Fees:

NB. The Club is registered as a 'Don't Stop Me Now' activity provider. If eligible you can use your funding for this course.

Mike Euridge  
Coaching Director  
Exeter Gymnastics Club.





**APPLICATION TO ATTEND EXETER EASTER GYMNASTICS CAMPS 2011 FOR BOYS**  
**Monday 18<sup>th</sup> to Thursday 21<sup>st</sup> April 2011**

I wish my son to attend the Exeter Easter Camp as indicated below and enclose a non-refundable 50% deposit. I also understand that the remainder of fees will be required by the 14th March 2011. Cheques to be made payable to Exeter G C.

Name of Gymnast..... Date of Birth.....

T-Shirt Size: 5/6, 7/8, 9/11, 12/13, S, M, L (please circle)

Home Address.....

.....Post Code..... Tel No.....Email.....

Club.....Coach.....BG Membership No.....

**1. Attending Boys Easter Camp 1: 5 hrs daily (9.00 am to 2.00pm)**

**2. Attending Boys Easter Camp 2: 3 hrs daily (1.00 pm to 4.00 pm)**

Should accommodation be required it might be possible to arrange to stay with the family of a gymnast on the camp. However applications for this must be made as soon as possible and will have to be paid for in addition to the camp fees.

NB: I would like Accommodation / Accommodation is NOT required. (Please delete as required.)

I enclose a 50% deposit of £..... and agree to pay the remainder £..... by 14th March '11 along with the Attendance Code and Medical Consent Form attached and, if you are a Tax payer, the enclosed Gift Aid Form completed and signed. Thank you.

**Attendance Code and Emergency Medical Consent Form.**

Name of Gymnast.....

Family Doctors Name & Telephone Number.....

Any Medication Being Taken.....

Any medical conditions that we should take account of.....

Please ensure that your gymnast is in a fit state to endure 4 days of hard training. If they bring notes regarding any medical conditions they must be given to Mike Euridge on arrival.

Your gymnast must understand the basic code of practice during the sessions and must obey any instructions instantly, in the interest of their safety and that of others. Anyone disobeying instructions and endangering others will be sent home, as will anyone causing any damage to property, wherever it may be.

I authorise Mike Euridge or any responsible adult at the Camp to give my permission for my child to receive appropriate treatment in an emergency, for the duration of the Camp

Signed.....Name in Capital Letters.....

Relationship to the Gymnast.....Date.....

**Please complete and return to:-**

*Mike Euridge, 11A Dinham Road, Exeter, EX4 4EE as soon as possible. Thank you.*

**Gift Aid Declaration**

**Community Amateur Sports Club (CASC)  
Exeter Gymnastics Club - Registered Charity No: 294294**

**Details of Donor**

Title.....Forename(s).....Surname.....

Home Address.....

.....Post Code.....

***I want the Exeter Gymnastics Club to treat all donations I make from the date of this declaration until I notify you otherwise as Gift Aid Donations.***

***Date.....Signature.....***

**Notes**

1. You must pay an amount of income tax and/or capital gains tax at least equal to the tax that the club reclaims on your donations in the tax year (currently 28p for each £1.00 you give.
2. You can cancel this declaration at any time by notifying the club.
3. If in the future your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that the CASC reclaims, you can cancel your declaration (see note 1).
4. If you pay tax at the higher rate you can claim further tax relief in your Self Assessment tax return.
5. If you are unsure whether your donation qualifies for Gift Aid tax relief, ask the club or your local tax office for leaflet IR 65.
6. Please notify the club if you change your name or address.