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3rd June 2011

To Parents & Coaches

EXETER GC 2011 SUMMER GYMNASTICS CAMP
Monday 25th July to Friday 29th July 2011

Dear Parents/Coaches,

This year the Exeter GC Summer Camps will be separate for the Girls & Boys to allow a better allocation of apparatus and to utilise the coaching expertise to the advantage of both Boys & Girls and the fact that they will have the use of both gyms for the whole camp. The Elite Level Camps 1 & County Level Camps 2 will run concurrent at the times listed for Girls (9am-1pm) & for Boys (1pm to 5pm). The Developmental Camps for Boys and Girls will be at the same time sharing the two gyms (5pm to 8pm).

Venue: Exeter Gymnastics Club, Bull Meadow Park, and Bull Meadow Road, Exeter EX2 4JF.

The aim of the camps: To continue to increase the level of skills developed in current training and during previous camps. The coaching staff will be arranged by Mike Euridge and programmed by Jodie Cockman & Steven Jehu.

Who May & How to Attend

This training camp is an 'Open Invite' to all clubs in the County. The camps are limited to 30/40 gymnasts and places will be allocated on a "first come first served" basis. If you wish to attend then complete the attached Application Form and return it to Mike Euridge with the deposit payment ASAP to guarantee a place. You are advised not to delay.

Summer Training Camps Available. *(Please circle the camp you wish to attend)*

Girls/Boys:

1. **Girls Elite Camp 1:** Regional/County level gymnasts with good potential who will train 4 hours daily for five days from 9.00am to 1.00pm.
2. **Girls County Camp 2:** County/Intermediate level gymnasts who will train 4 hours daily for five days from 9.00am to 1.00pm.
3. **Boys Elite Camp 1:** Regional/County level gymnasts with good potential who will train 4 hours daily for five days from 1.00pm to 5.00pm.
4. **Boys County Camp 2:** County/Intermediate level gymnasts who will train 4 hours daily for five days from 1.00pm to 5.00pm.
5. **Boys & Girls Developmental Camps:** Club Improver & Development level gymnasts who will train 3 hours daily for five days from 5.00pm to 8.00pm.

General Information

1. Gymnasts have been invited from other Clubs in Devon & South West
2. Camp Fees: Cheques made payable to Exeter GC:
 - a. Camp 1 & 2: £100.00
 - b. Camp 3: £ 80.00
 - c. A deposit of 50% of the full fees (is non-refundable) will be required with the application form and the full payment by 1st July 2011. (Payment by BACS is acceptable)
3. Camp T-Shirts will only be available if ordered and paid for with the fees at a cost of £6.00.

NB. The Club is registered as a 'Don't Stop Me Now' activity provider. If eligible you can use your funding for this course.

Mike Euridge

Coaching Director
Exeter GC



APPLICATION TO ATTEND EXETER SUMMER GYMNASTICS CAMPS 2011
Monday 25th July to Friday 29th July 2011

I wish my daughter/son to attend the Exeter Summer Camp from **Monday 25th July to Friday 29th July 2011** as indicated below and include the non-refundable 50% deposit. I also understand that the remainder of fees will be required by the 1st July 2011. Cheques to be made payable to Exeter G C. If you would like to make payments by BACS (Internet or Telephone Banking) please contact Suzanne on 01392 250381 for details. Thank you.

Name of Gymnast..... Date of Birth.....

Home Address.....

.....Post Code..... Tel No..... Email

Club.....Coach.....BG Membership No.....

Summer Training Camps Available

Girls:

Girls Elite Camp 1:

Regional/County level gymnasts with good potential who will train 4 hours daily for five days from 9.00am to 1.00pm.

Girls County Camp 2:

County/Intermediate level gymnasts who will train 4 hours daily for five days from 9.00am to 1.00pm.

Boys:

Boys Elite Camp 1:

Regional/County level gymnasts with good potential who will train 4 hours daily for five days from 1.00pm to 5.00pm.

Boys County Camp 2:

County/Intermediate level gymnasts who will train 4 hours daily for five days from 1.00pm to 5.00pm.

Boys & Girls Developmental Camps:

Club Improver & Development level gymnasts who will train 3 hours daily for five days from 5.00pm to 8.00pm.

T-Shirt Order & Size:

I wish to purchase a camp T-Shirt Size 5/6, 7/8, 9/11, 12/13, S, M, L (please circle the size required) and the cost of £6.00 has been added to the 50% deposit fee.

I enclose a 50% deposit of £..... Plus £6.00 for T-Shirt and agree to pay the remainder £..... by 1st July 2011 along with, the Attendance Code and Medical Consent Form attached and if you are a Tax payer the enclosed gift Aid Form completed and signed. Thank you.

Attendance Code and Emergency Medical Consent Form.

Name of Gymnast.....

Family Doctors Name & Telephone Number.....

Any Medication Being Taken.....

Any medical conditions that we should take account of:.....

Please ensure that your gymnast is in a fit state to endure 5 days of hard training. If they bring notes regarding any medical conditions they must be given to Mike Euridge on arrival.

Your gymnast must understand the basic code of practice during the sessions and must obey any instructions instantly, in the interest of their safety and that of others. Anyone disobeying instructions and endangering others will be sent home, as will anyone causing any damage to property, wherever it may be.

I authorise Mike Euridge or any responsible adult at the Camp to give my permission for my child to receive appropriate treatment in an emergency, for the duration of the Camp

Signed.....Name in Capital Letters.....

Relationship to the Gymnast.....Date.....

Please complete and return to:

Mike Euridge, 11A Dinham Road, Exeter, EX4 4EE as soon as possible. Thank you.

Gift Aid Declaration

**Community Amateur Sports Club (CASC)
Exeter Gymnastics Club - Registered Charity No: 294294**

Details of Donor

Title.....Forename(s).....Surname.....

Home Address.....

.....Post Code.....

I want the Exeter Gymnastics Club to treat all donations I make from the date of this declaration until I notify you otherwise as Gift Aid Donations.

Date.....Signature.....

Notes

1. You must pay an amount of income tax and/or capital gains tax at least equal to the tax that the club reclaims on your donations in the tax year (currently 28p for each £1.00 you give).
2. You can cancel this declaration at any time by notifying the club.
3. If in the future your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that the CASC reclaims, you can cancel your declaration (see note 1).
4. If you pay tax at the higher rate you can claim further tax relief in your Self Assessment tax return.
5. If you are unsure whether your donation qualifies for Gift Aid tax relief, ask the club or your local tax office for leaflet IR 65.
6. Please notify the club if you change your name or address.