



Adult New Body Bootcamp

Are you ready to have the body you deserve, for life? We're pleased to announce a fantastic partnership with TV presenter, diet author and media featured personal trainer Simon Lovell. He's developed a fun filled, super-slim boot-camp for Exeter!

- Monday - Friday 7am-8am (other time slots may open)
- Guaranteed fitness results.
- Monthly membership offers up-to 20 sessions per month!
- Nutrition Analysis, Seminars, Parties
- **Free Skinny Designer Jeans** on completion of 12 month super-fit graduation plan
- Free Lunch Box Diet Book & £100 of Digital Gifts
- Exceptional value for money (see site)
- Lose 7-12lbs in 30 days.
- Energy filled, varied workouts, themed daily!
- New breakthrough workout system
- Spaces Limited
- Meet new people, boost confidence and have fun

For full details, costs and to claim your free week please visit www.newbodycamp.co.uk or call Simon Lovell on

07786 175118

